



# Menands Senior Scoop

Menands Senior Citizen Club

Since 1973

250 Broadway

Thursdays, 9:30am-1:30pm

AUGUST 2024



Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Jean Parker, Treasurer

The purpose of the club is to promote friendship, sociability and activities for self and community among its members, to improve their health, physical and mental condition, and to coordinate activities with other clubs and centers.

All are welcome at Menands Seniors, but you need to be 55 years of age. We gather every Thursday morning at 9:30-10:15 AM. First is Yoga with Genii. You may also quietly play your favorite card or board game, visit with old and new friends while enjoying coffee, tea and other donated treats.

We ask that when Yoga is in session, you respect their need for silence.

## THERE IS NO GATHERING, 9/19/24.

Our next meeting day, is 9/26/24.

Guest Speaker, Donna Smith, is from "The Providence," A Senior Living Community. Located at 96 Menand Road, owned and operated by The Franciscan Ministry.

## MENANDS SENIOR MEMBERSHIP AS OF 7/20/24

Primary members, 113, Town residents that choose our club as their primary club.

Associate members, 20, Town residents that choose another club as their primary club.

Social Members, 78, Members that are not residents in the Town of Colonie.

## WELCOME NEW MEMBERS:

Diane Devine

Nancy Beatty

## SEPTEMBER BIRTHDAYS

Clara Abate, 9/16

Mary Agars, 9/20

Audrey Bonsel, 9/26

Beth Coblish, 9/29

Barbara Crowley, 9/2

Donna Derrico, 9/2

Sylvia Desjardins, 9/12

Danielle Freeman, 9/4

Patricia Gremmler, 9/24

Frank McGrouty, 9/30

Nancy Meyer, 9/19

Joan Muir, 9/5

Marlene Pouloupoulos, 9/13

Maureen Somerville, 9/20

St. Jean, Donna, 9/10

## GREETING CARDS SENT

### Get Well

Lorna McCartan

### Sympathy

Family of Kathleen Dwyer

If you know of anyone who would appreciate a card, please let us know.

## NOTABLE SEPTEMBER DATES:

9/1, Day at Saratoga

9/8, National Grandparents Day

9/12, Tour Committtee

9/14-21/24, Alaskan Cruise

9/21, Menands Centennial Gala

9/26, Business Meeting

## NEW THIS YEAR, OUR FIRST ANNUAL HALLOWEEN PARTY!

10/31/24, Thursday, 10:31. Stewart's Make Your Own Sundays, Wearing Costume Optional, and Entertainment by Comedian Judi Clements.

Laugh along with Judi as she uses comedy to deal with the challenges of aging, living in the 21<sup>st</sup> Century, dealing with technology, adult children, and more. All members are welcome!

Halloween Party is free!!

## TRIPS, ONE DAY

9/24/2024, LOBSTER LUNCHEON CRUISE,

Gloucester, MA., Rockport, MA.

Cost: \$95/\$105.

SOLD OUT, Waiting list.

10/9/24, LAC DU SAINT SACREMENT, Leaf peeping in the beautiful Adirondacks, while cruising Lake George, hot buffet dinner and rocking to the music of the "King," Elvis, of course. Cost \$60/\$70. SOLD OUT, Waiting List

**TRIPS, OVERNIGHT, TWO OR MORE DAYS**

12/10-12/12/2024, Holiday Sights and Sounds of Lancaster, PA., Featuring "DANIEL," AND "JOY TO THE WORLD" at American Music Theatre & Gettysburg Battlefield Tour!

3 days-2 nights

PACKAGE INCLUDES:

2 Nights lodging

2 Breakfasts

2 Dinners including a Smorgasbord Dinner

"DANIEL," at Sight and Sound Theatre

"JOY TO THE WORLD," at the American Music

Theatre, Gettysburg Museum & Visitor Center,

including the Cyclorama Painting & "A New Birth of Freedom" Film, Historic Gettysburg Battlefields Tour

We will shop!

Souvenir Gift, Luggage Handling

COST: \$615 DBL \$765 SINGLE, \$595 TRIPLE.

There is still room.

Balance due February 1, 2025.

*Cancellation insurance is available & highly recommended.*

**THERE IS STILL ROOM!!!**

4/27/2025-5/4/2025, A TASTE OF IRELAND,

7 days-6 nights

\$3,595 pp double

\$4,240 pp single

This short-and-sweet Ireland tour is the perfect introduction to the Emerald Isle.

Taste of Ireland hits all of the "greatest hits"

"highlights—from Blarney Castle to the Cliffs of Moher

PACKAGE INCLUDES:

Round-trip airfare from Albany to Dublin

6 Nights lodging, 6 Breakfasts, 1 Lunch

3 Dinners, including Merry Ploughboy Pub

w/traditional Irish music & Medieval Castle

Banquet w/hasp music

Welcome drink with group

Free day of touring in Dublin, Guided Panoramic

Tour of Dublin with Dublin Castle

Photo stop at Rock of Cashel

Visit to Killarney

Ring of Kerry Scenic Drive

Skellig Experience

Sheepdog Demonstration

Ferry across the River Shannon Estuary

Cliffs of Moher

Panoramic Tour of Galway with free time

Portage for 1 suitcase per person

Souvenir gift

All taxed and meal gratuities

Sightseeing by luxury coach

\$250 deposit required with sign up.