



Menands Senior Scoop

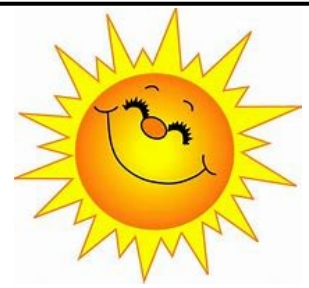
Menands Senior Citizen Club

Since 1973

280 Broadway

Thursdays, 9am-1:30pm

JUNE 2024



Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Jean Parker, Treasurer

MENANDS SENIOR CLUB meets every Thursday from 9:30AM-1:30PM.

EVERY THURSDAY, we begin with CHAIR YOGA, a gentle stretch to get things moving.

10:15-12:00 Noon, enjoy refreshments, play games, visit with new and old friends.

Refreshments are donated weekly by a club member, beverages are provided by the club, prepared and served by Paul and Dave.

THIS MONTH, Bingo and pizza was held on Thursday, June 13, because our picnic was the third week.

OUR BUSINESS MEETING is the fourth week, June 27, 2024 @ 10:15AM.

THERE ARE NO BUSINESS MEETINGS JULY AND AUGUST, only gatherings weekly..

MEMBERSHIP: January through December, dues are \$5.

Debbie Teitsch, membership chair, collects dues Thursdays and issues membership cards.

NEW MEMBERS

Denny Lindquist

Pamela Romano

Robert Pohl

Rita Donegan

Audrey Bonsel

Ann Trong

JULY BIRTHDAYS

Lorraine Alund, 7/28

Norma Baisden, 7/11

Mary Bryant, 7/8

Karen DeJesus, 7/16

Ann Marie Dunn, 7/27

Kathy Gizzi, 7/12

Lorraine Gorton, 7/11

Jean Jojo, 7/20

Paul Leonard, 7/26

Mary Murphy, 7/16

Christine Paradise, 7/21

Patricia Payne, 7/27

Cindy Price, 7/8

Rose Primett, 7/24

Jerry Ruppert, 7/27

Mary Sieder, 7/6

Susan Trainot, 7/25

Barbara Weidman, 7/31

Sylvia Wendell, 7/25

GREETING CARDS SENT

SYMPATHY: Rose Primett and Donna Vadney for their brother.

If you know of anyone with a recent sickness or loss, please let us know.

JULY DATES TO REMEMBER

7/4 Independence Day

7/23 Lake George Dinner Theatre

8/29/2024, ANNUAL VOLUNTEER RECOGNITION DINNER, YANNI'S TOO, Coeymans, NY.

Honorees: Sheila Hyatt, Debbie and Dave Teitsch, Jean Parker, Paul Leonard, Pam Tracy, Marlene Pouloupoulos and Mary Crowley.

MENU: New England Clam Chowder or Tossed Salad with Balsamic Dressing. Entrees; Choice of Chicken Parmigiana with Penne, Linguini w/White Clam Sauce, NY Strip Steak with Potato and Vegetable or Crabmeat stuffed Filet of Sole over rice. Banana Cream or Chocolate Cream pie, Coffee, Tea or Soda. Cost \$40.

*REMEMBER VOLUNTEERS ARE
NOT PAID*

*THIS IS NOT BECAUSE THEY
ARE WORTHLESS,
BUT BECAUSE
THEY ARE PRICELESS!!!*

TRANSPORTATION INFORMATION:

If you need a lift for medical appointments, grocery shopping or errands, there is transportation available for Seniors from 2 sources. Senior residents of Menands can call either the Colonie Senior Services at 518-459-6064, or call the Senior Services of Albany at 1-866-208-7357. There is a suggested contribution for using either Senior Service.

TOUR COMMITTEE:

It is time to begin setting in plans for next year's travel! We've had a really good year, but need help setting an agenda for the coming year. Please help and become part of the planning committee for trips. We can meet about once a month to plan new trips and use suggestions and ideas from members. Please join the group so we have some interesting things to do and don't go to the same places over again.

ONE-DAY TRIPS

7/23/2024, "LAKE GEORGE DINNER THEATER," Lake George, NY. "I Love You, Your Perfect, Now Change,"
SOLD OUT, Waiting list only.

8/7/2024, "BEAUTIFUL," The Carole King Musical. Capital Rep. Theater, Albany, NY.

The story of the early life and career of Carole King, using songs she wrote, and songs she wrote with others. "It Might as Well Rain Until September," "So Far Away," "Will You Love Me Tomorrow." Enjoy lunch before the show at "OLIVE GARDEN, Wolf Road, Albany, NY
Cost: \$80/90. STILL A FEW SEATS LEFT

9/24/2024, LOBSTER LUNCHEON CRUISE, Gloucester, MA., Rockport, MA.

Cost: \$95/\$105.

SOLD OUT, Long waiting list.

10/9/24, LAC DU SAINT SACREMENT, Leaf peeping in the beautiful Adirondacks, while cruising Lake George, dining on a hot buffet dinner and rocking to the music of the "King," Elvis, of course. Cost \$60/\$70.

OVERNIGHT TRIPS

12/10-12/12/2024, Holiday Sights and Sounds of Lancaster, PA., Featuring "DANIEL," AND "JOY TO THE WORLD" at American Music Theatre & Gettysburg Battlefield Tour!

3 days-2 nights

PACKAGE INCLUDES:

2 Nights lodging

2 Breakfasts

2 Dinners including a Smorgasbord Dinner

"DANIEL," at Sight and Sound Theatre

"JOY TO THE WORLD," at the American Music Theatre

Gettysburg Museum & Visitor Center, including the

Cyclorama Painting & "A New Birth of Freedom" Film,

Historic Gettysburg Battlefields Tour

THERE WILL BE SHOPPING!

Souvenir Gift, Luggage Handling

COST: \$615 DBL \$765 SINGLE, \$595 TRIPLE.

4/27/2025-5/4/2025, A TASTE OF IRELAND,

7 days-6 nights

\$3,595 pp double

\$4,240 pp single

This short-and-sweet Ireland tour is the perfect introduction to the Emerald Isle. Taste of Ireland hits all of the "greatest hits" "highlights—from Blarney Castle to the Cliffs of Moher

PACKAGE INCLUDES:

Round-trip airfare from Albany to Dublin

6 Nights lodging, 6 Breakfasts, 1 Lunch

3 Dinners, including Merry Ploughboy Pub w/traditional Irish music & Medieval Castle Banquet w/hasp music

Welcome drink with group

Free day of touring in Dublin, Guided Panoramic Tour of

Dublin with Dublin Castle

Photo stop at Rock of Cashel

Visit to Killarney

Ring of Kerry Scenic Drive

Skellig Experience

Sheepdog Demonstration

Ferry across the River Shannon Estuary

Cliffs of Moher

Panoramic Tour of Galway with free time

Portage for 1 suitcase per person

Souvenir gift

All taxed and meal gratuities

Sightseeing by luxury coach

\$250 deposit required with sign up.

Balance due February 1, 2025.

Cancellation insurance is available & highly recommended.

THIS YEAR'S CONCERTS IN GANSER-SMITH PARK

TUESDAYS 6:00-8:00

July 9, Code Blue

July 16, Roadhouse 60's

July 23, Lustre Kings

July 30, Get Up Jack

August 6, New York Players

August 13, Soul Sky

WEDNESDAYS, VARIOUS FOOD TRUCKS

AND MUSIC, 5:00-7:30

7/10, Hammerhead Horns

7/17, The Ultimates

7/24, Big Radio

7/31, Six Mile Sundown

VILLAGE COMMUNITY NIGHT

8/21, Rain Date 8/22, 5:00-8:00

Food and Beverage available for purchase.

MUSIC by EAST BERNE BAND

Lots of fun activities for all!

****IT IS RECOMMENDED YOU BRING A LAWN CHAIR TO ALL EVENTS IN THE PARK!!**

HERE'S SOMETHING HELPFUL: Guide to your bread's delivery by the little plastic tags.

MONDAY, Blue

TUESDAY, Green

THURSDAY, Red

FRIDAY, White

SATURDAY, Yellow